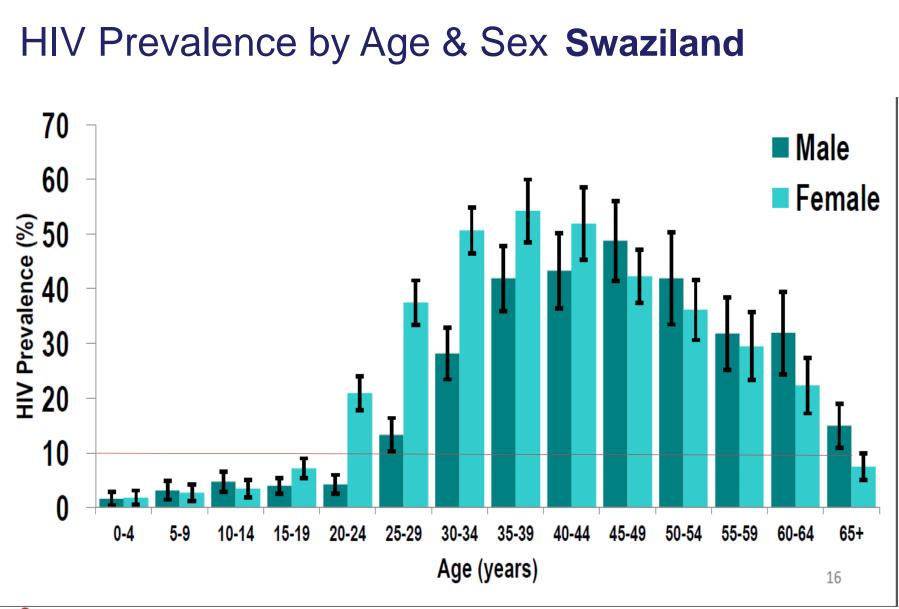


# The rationale for the DREAMS Partnership, achievements to date, and noteworthy lessons learned along the way

# Why DREAMS?

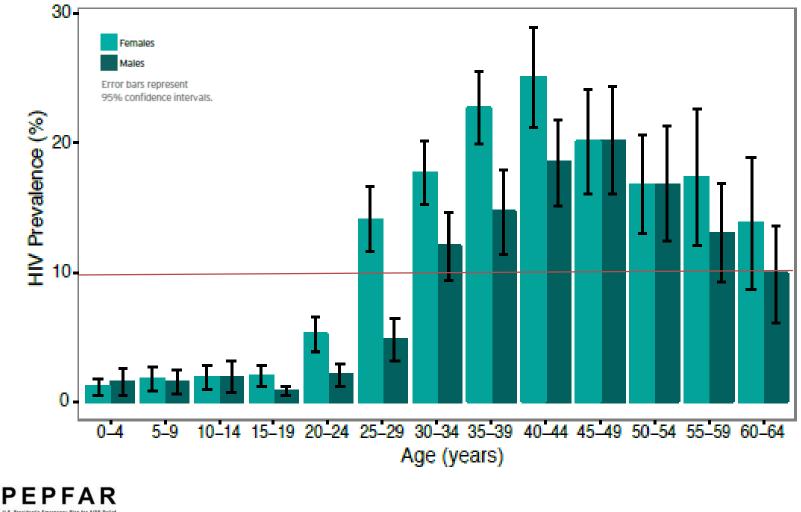








# HIV Prevalence by age and sex Malawi



Malawi PHIA, 2016



# Young women are at elevated risk for HIV infection

Compared to young men, the rate of new HIV infections in young women is

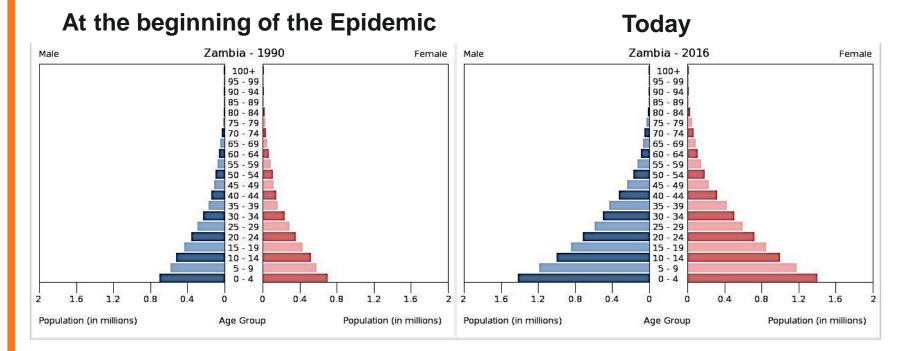
5 times greater\* in Zimbabwe
8 times greater\* in Malawi
14 times greater\* in Zambia

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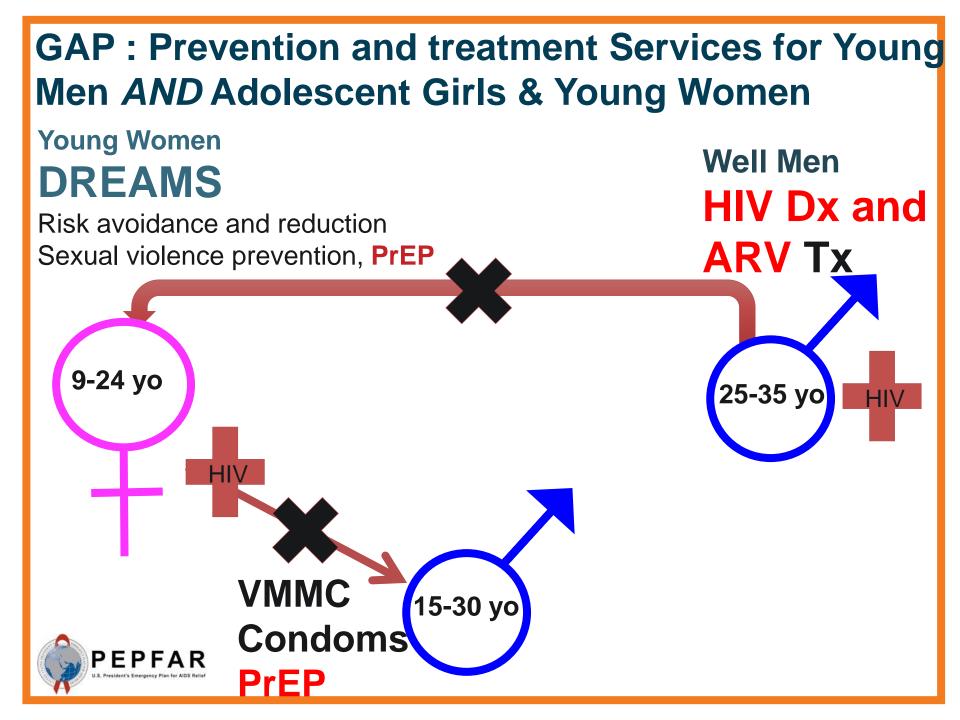


## Youth Bulge in Zambia

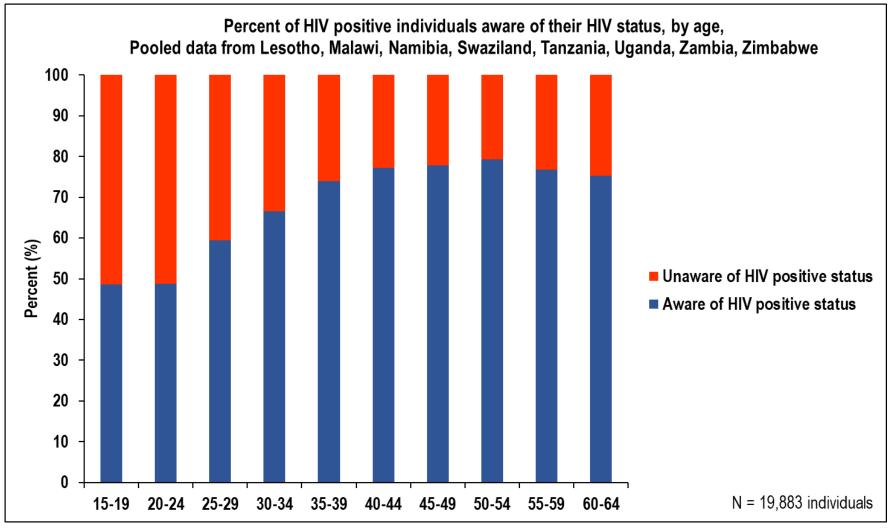


Young Men Population: 781,000 Young Men PLHIV: 38,000 Young Women Population: 772,000 Young Women PLHIV: 66,000 Young Men Population: 1.6 million Young Men PLHIV: 48,000 Young Women Population: 1.6 million Young Women PLHIV: 77,000





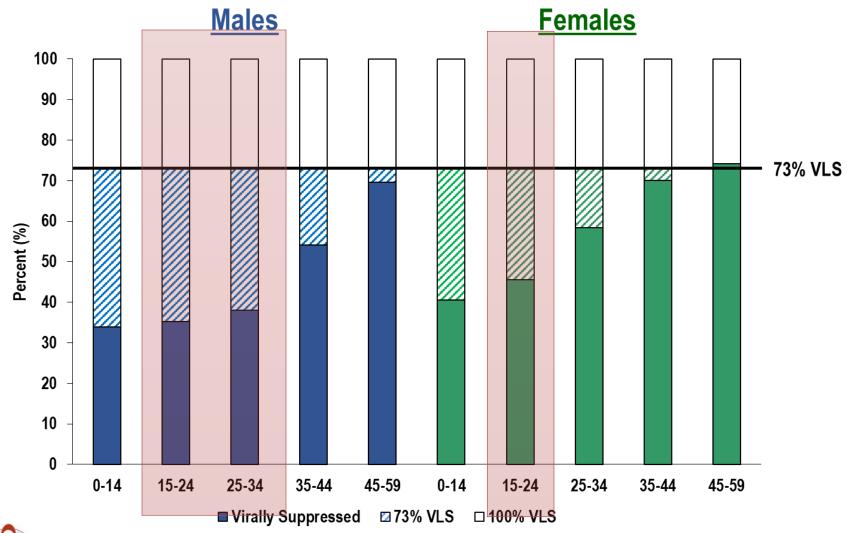
## Who knows their status and who doesn't



**PEPFAR** U.S. President's Emergency Plan for AIDS Relief

\*Self-reported awareness of HIV status was corrected using detectable ARV data for Malawi, Zambia, Swaziland, and Uganda. ARV data are not yet available from Lesotho, Namibia, Tanzania, and Zimbabwe.

## Who is and who isn't virally suppressed





\*Pooled data from Lesotho, Malawi, Namibia, Swaziland, Tanzania, Uganda, Zambia, and Zimbabwe from PHIA projects.

What is **DREAMS**? Determined Resilient **Empowered AIDS-Free** Mentored Safe



# **DREAMS** The DREAMS Partnership

- Announced on World AIDS Day 2014
- \$300 million partnership (originally 2015-2016)
  - Partners include PEPFAR, Bill & Melinda Gates Foundation, Gilead Sciences, Girl Effect, Johnson & Johnson, ViiV Healthcare
- \$85 million for the DREAMS Innovation Challenge
- \$188.9 million in COP 17 funds and \$188.9 in planned COP 18 funds for DREAMS activities
- 10 countries in Eastern & Southern Africa + 5 DREAMS-like countries added in 2017
- Complementary funding to scale up VMMC and test & start for young adult men in DREAMS districts
- TOTAL: \$300M + \$85M + \$188M + \$188M = \$761M over 4 years

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## PEPFAR DREAMS : the commitment remains both in funding and in focus

				Year 4 (Planned	COP
	Year 1	Year 2	Year 3 (COP 17)	18TBC)	
DREAMS		FY17	FY18	FY19	
Kenya	19,742,670	19,742,670	29,242,670	29,2	242,67
Lesotho	7,017,660	7,017,660	10,017,660	10,	017,66
Malawi	7,017,790	7,017,790	7,017,740	7,	017,74
Mozambique	10,195,770	10,195,770	10,195,770	<b>10</b> , <sup>-</sup>	195,77
South Africa	33,323,381	33,323,381	33,323,381	33,	323,38
Swaziland	5,009,695	5,009,695	5,009,695	5,0	009,69
Tanzania	8,163,178	8,163,178	18,163,178	18,	163,17
Uganda	15,717,403	15,717,403	15,717,403	15,7	717,40
Zambia	8,124,208	8,124,208	13,124,208	13,	124,20
Zimbabwe	10,310,785	10,310,785	15,310,785	15,3	310,78
DREAMS Innovation					
Challenge		80,000,000			
DREAMS-like		00,000,000			
Botswana			4,792,016	Λ-	792,01
Cote D'Ivoire			10,000,000	· · · · ·	000,00
Haiti			2,000,000		00,00 000,00
Namibia			10,000,000		00,00 000,00
Rwanda	404 600 540	204 622 540	5,000,000	-	000,00
Total	124,622,540	204,622,540	188,914,506	188,	914,50
Determined F	Resilient Er	npowered	AIDS-Free	Mentored	Saf

AN A.I.D.S-FREE FUTURE FOR GIRLS & WOMEN

## 15 DREAMS COUNTRIES

Botswana Cote d'Ivoire Haiti Α Kenya Lesotho Malawi Mozambique Namibia Rwanda South Africa Swaziland Tanzania Uganda Zambia Zimbabwe

Determined

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Resilient

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**AIDS-Free** 

ORIGINAL NEW

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## Our Priorities for Adolescent Girls and Young Women

## Keep them HIV FREE

## Support them to:

I.D.S-FREE FUTUR

- Stay in school
- Prevent early
   pregnancies
- Prevent sexual violence
- Post violence care
- Reduce child marriage

Photo credit: USAID/Carole Douglis

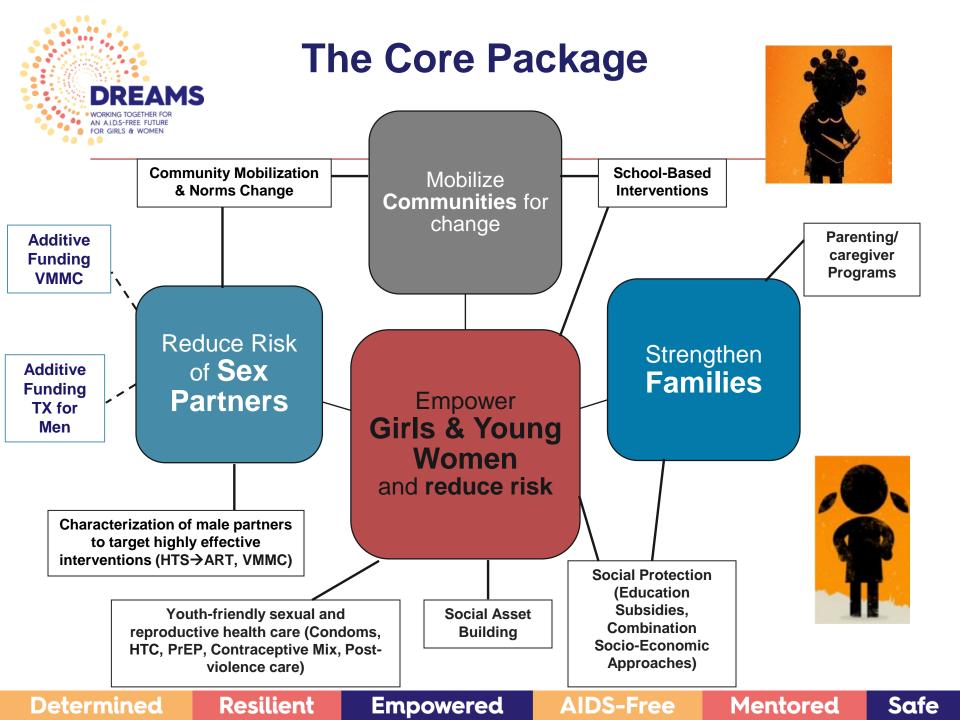
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# DREAMS Monitoring & Impact **Evaluation:**

How will we know if we are successful?





### DREAMS Logic Model to reduce New HIV Infections among Adolescent Girls and Young Women

Epidemiologic Context	Interventions	Program	Program Outcomes	Program
AGYW vulnerabilities (Potential determinants include age, education, economic vulnerability, violence victimization, social	Adolescent-Friendly Health Services • Condom promotion • HTC & linkage • PrEP • Post-violence care • Contraceptive mix expansion	Improve AGYW Health Services Increase # condoms Increase # HTC Increase # linked to service Increase # initiated on PrEP Increase # receiving post violence care # FP sites with expanded	AGYW aged 15-24 • Decrease sexual risk • Reduce # of pregnant 15-24 with HIV + status • Reduce maternal mortality • Decreased unplanned pregnancy • Reduce rates of violence	Impact
isolation, lack of empowerment, child marriage) Male partner	<ul> <li>Social Protections for AGYW &amp; their families</li> <li>Cash transfers + financial literacy</li> <li>Education Subsidies</li> </ul>	method mix Improve AGYW & family assets Increase # AGYW or families receiving education subsidies	victimization <ul> <li>Increase empowerment/agency</li> </ul> Increased assets for AGYW & their families	
risk (Potential determinants include age, age disparity with AGYW, education, economic vulnerability,	<ul> <li>Combination Socio- Economic supports</li> <li>Violence reduction programs</li> </ul>	or other social protection Improve male sex partner participation in ART/VMMC Increase # of males on ART who fit sexual network	<ul> <li>Increased access to money in an emergency</li> <li>Increased educational attainment for girls</li> </ul>	Reduce New HIV Infections
adherence to harmful gender norms, untreated HIV infection, uncircumcised)	<ul> <li>Targeting male sex partners</li> <li>Review demographic information in surveys</li> <li>Target ARTs , VMMC and condoms to males who fit</li> </ul>	<ul> <li>partner profile</li> <li>Increase # of males provided</li> <li>VMMC who fit sexual network partner profile</li> </ul>	<ul> <li>Male Partners</li> <li>Increased favorable attitudes toward gender equity</li> <li>Reduce rates of violence perpetration</li> </ul>	
Family/ Community	sexual network partner profiles	Improve Family / Community Support • Increase # withparen ting		
risk (Potential determinants include family economic vulnerability, harmful community norms on gender and violence, high HIV prevalence, high violence prevalence)	<ul> <li>Community Strengthening</li> <li>Parent/caregiver programs</li> <li>School-based HIV/violence/gender education</li> <li>Community mobilization, prevention &amp; norms/perception change</li> </ul>	<ul> <li>intervention</li> <li>Increase # receiving school- based HIV / violence prevention and gender sensitization</li> <li>Increase # receiving community-based HIV &amp; violence interventions</li> <li>Increase # of AGYW and families receiving cash transfer</li> </ul>	<ul> <li>Family/Community</li> <li>Improved family interactions</li> <li>Increased community mobilization/commitment to prevent HIV in AGYW</li> <li>Improved gender &amp; violence- related norms</li> <li>Improve health and economic outcomes for families</li> </ul>	



Determined

## Monitoring DREAMS Implementation

# How well are we implementing DREAMS?

- Are we reaching targets?
- Are we reaching the right AGYW?
- Are we successfully layering the interventions?

Resilient

**Empowered** 

### **Data Sources & Studies**

- PEPFAR MER indicators reported on quarterly, semiannual or annual basis
- Narratives in semiannual and annual reporting systems
- Population Council implementation science projects

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### DREAMS Implementation Science (funded by the Bill & Melinda Gates Foundation)

The <u>Population Council</u> is conducting implementation science studies. The data gathered from these studies will be used for policy recommendations and program improvements to better serve the AGYW population. The Population Council studies will focus on the following three

## 1. Identifying, linking, and retaining vulnerable AGYW in programs

- Leading the studies in Kenya and Zambia
- Providing technical assistance in <u>Malawi</u>



## 3. Introducing PrEP among AGYW

- Leading the PrEP study in <u>Tanzania</u>
- Providing technical assistance in <u>Uganda</u>

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Empowered

areas.

2. Reaching AGYW's male partners

#### and linking them to HIV services

- Leading the studies in <u>South</u> Africa, Swaziland, and Uganda
- Providing technical assistance in <u>Malawi</u>

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# Evaluating Impact of DREAMS

# Is DREAMS making a difference?

- Is there a reduction in new infections among females 15-24 in DREAMS geographic locations?
- Are there changes in other outcomes, important to the lives of young women?
- e.g. secondary school enrollment and completion, violence, <18 and unwanted pregnancy)?

### **Data Sources & Studies**

- For questions on impact/changes in incidence
  - Directly observed changes in incidence through special studies
  - Modeling
  - Lag Avidity (recency) testing
- For questions on intermediate outcomes – Survey Data; Administrative Data
  - Survey data (PHIAs, VACS, DHS, OVC essential surveys
  - Administrative data (School enrollment and matriculation data by sex and age, Pregnancy rates by age)

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## **DREAMS Impact Studies**

(funded by the Bill & Melinda Gates Foundation)

The London School of Hygiene and Tropical Medicine (LSHTM) is conducting impact evaluations of DREAMS in Kenya, South Africa and Zimbabwe.

### Question being asked include:

- What is the impact of the combined DREAMS package on HIV infection rates and other key outcomes among AGYW and their male partners?
- What is the impact of a DREAMS package which also includes an offer of oral pre-exposure prophylaxis (PrEP) to the highest risk AGYW?
- Through what pathways does DREAMS affect the health, education and social well-being of adolescent girls and young women?

Resilient

General approach to these studies includes:

- Leverage existing surveillance platforms & ongoing studies
- Directly measure change overtime
- Track area-level measures of DREAMS, for a dose-response
- Use of GIS for cluster comparison
- Aim for good program data by area
- Measure individual level exposure to DREAMS, through nested cohorts
- Interpret all of the above with in-depth qualitative and process evaluation

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## Modeling Impact DREAMS Inputs into the Model

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## Outcome modeled:

New HIV diagnoses among AGYW

## Inputs into the model:

Resilient

- PMTCT Program Data from all 10 countries, tracked on a quarterly basis
- New HIV diagnoses among pregnant women 15 to 24

Empowered

• Pregnancy

Determined

# DREAMS Achievements





# The **DREAMS** Partnership has reached more than 2.5 million

### ADOLESCENT GIRLS AND YOUNG WOMEN

with critical comprehensive HIV prevention interventions



Mentored

Safe

Photo: Rose Mutisya/USAID Kenya

Determined

Resilient

Empowered

**AIDS-Free** 



## **DREAMS Story Map**

#### Where DREAMS Happen

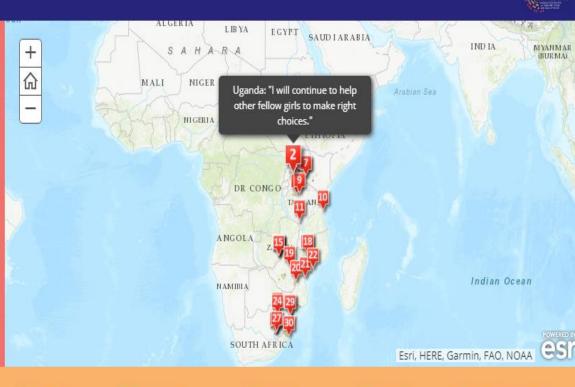
#### A DREAMS story map 🖪 💆 🖉

Success stories from the DREAMS Partnership, a PEPFAR-led public-private partnership helping girls develop into Determined, Resilient, Empowered, AIDS-Free, Mentored, and Safe women

# Uganda: "I will continue to help other fellow

### girls to make right choices."

Hadijah is a mother of four children, living in Mityana district. She dropped out of school after becoming pregnant with her first child. Hadijah's mother then passed away and she was sent to live with relatives who abused her. She began engaging in transactional and unprotected sex, and experienced gender-





Peanda: "I will continue to

i to Heanda' Beine safe is



Kenya: Alice, a Commun



"My dream is to

6

Kenva: "We have become

Kenva: Pre-exposure



Tanzania: Building



DREAMS Results World AIDS Day, 2017

For the first time, the latest PEPFAR data show significant declines in new HIV diagnoses among adolescent girls and young women. In the 10 African countries (63 districts) implementing DREAMS, the majority (65%) of the highest-HIV-burden communities or districts achieved a 25-40 percent or greater decline in new HIV diagnoses among young women. Importantly, new diagnoses declined in **nearly all DREAMS** intervention districts.

**Determined** 

**Empowered** 

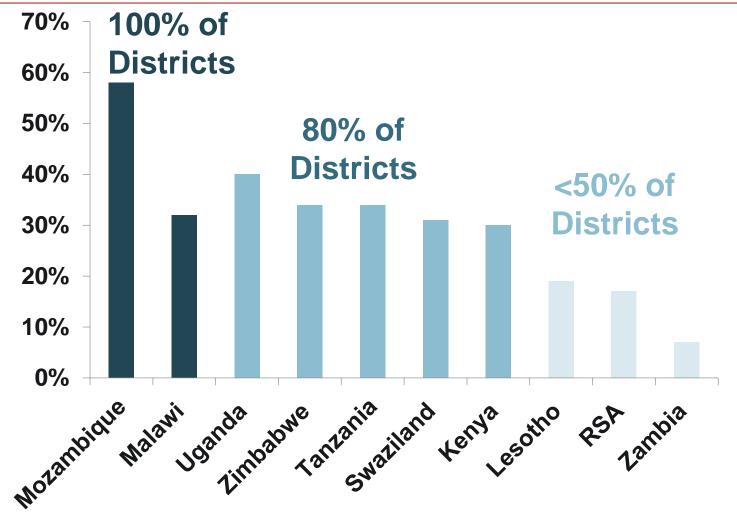
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## DREAMS Programming Impact Group by percent of districts in each country

with a greater than 25% decline



Determined

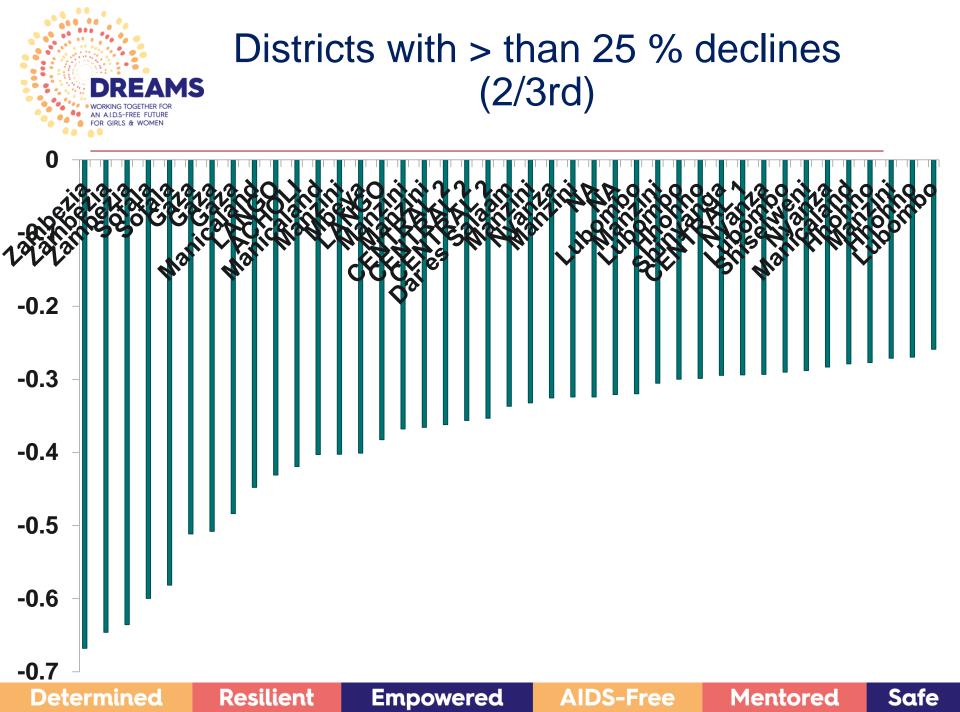
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FOR GIRLS & WOMEN

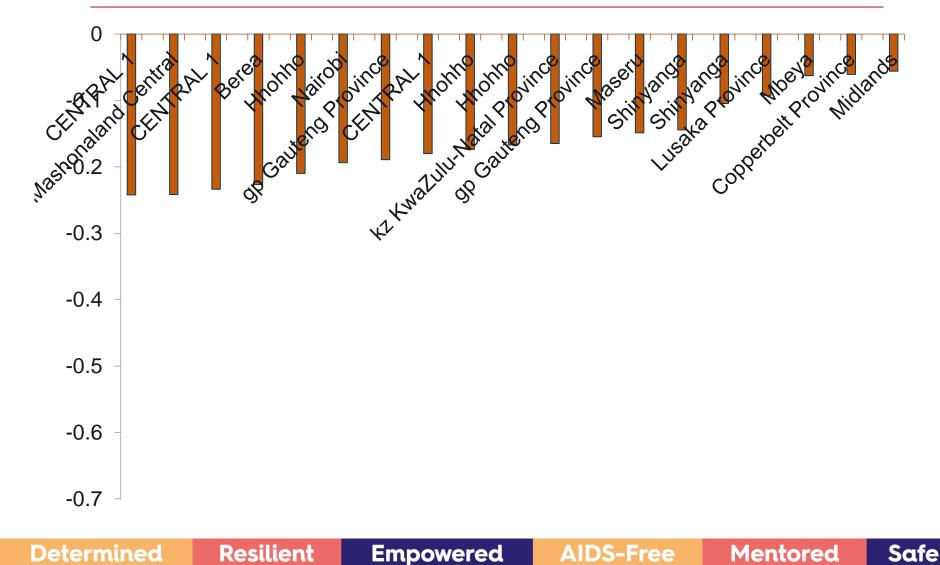
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## Districts <25% declines (1/3rd)



Empowered

Determined



Determined

# What we have learned and the questions that remain

- Comprehensive prevention interventions work most of the time in most of the places for adolescents and young women
- We are sending teams into 6 countries—1 where all districts had a >25% decline, 3 with mixed results, and 2 where all districts had a <25% decline</li>
  - Duration of full implementation 10 vs 22 months may have some impact – still evaluating

**Empowered** 

Resilient

 Number of activities did not matter – but relooking at age banded activities and vulnerability mapping

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# Potential reasons why the impact was less that are being explored

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- Urban areas vs. peri-urban or rural areas?
- Districts where secondary schooling is free?
- Less fidelity to the optimized program implementation?
- Cultural differences?

Resilient

- Opportunities and options for young women?
- Differential VMMC and treatment coverage for young adult men?
- Geographic coverage of DREAMS activities within DREAMS districts?

Empowered

The **Evolution of DREAMS:** Using data to determine future directions





## Moving Forward: DREAMS Geographic Expansion

- Limited expansion
  - No expansion for expansion's sake
  - No expansion if progress limited and needs to be improved
- Based on district level data:
  - Progress towards impact
  - Saturation of programming with vulnerable AGYW
  - Epidemiologic data shows need in expansion area

**Determined** 



# Early Sexual Debut

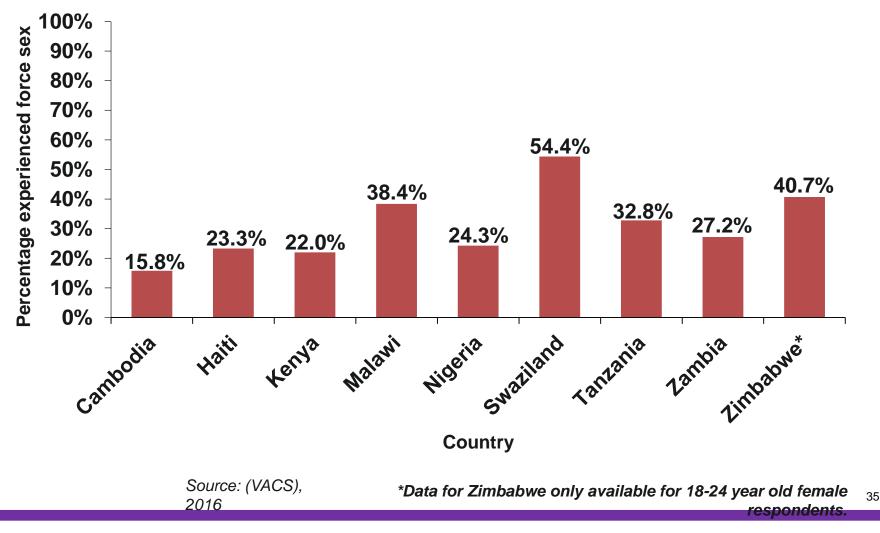
**Sexual Violence** 

Are associated with each other AND With risk for HIV

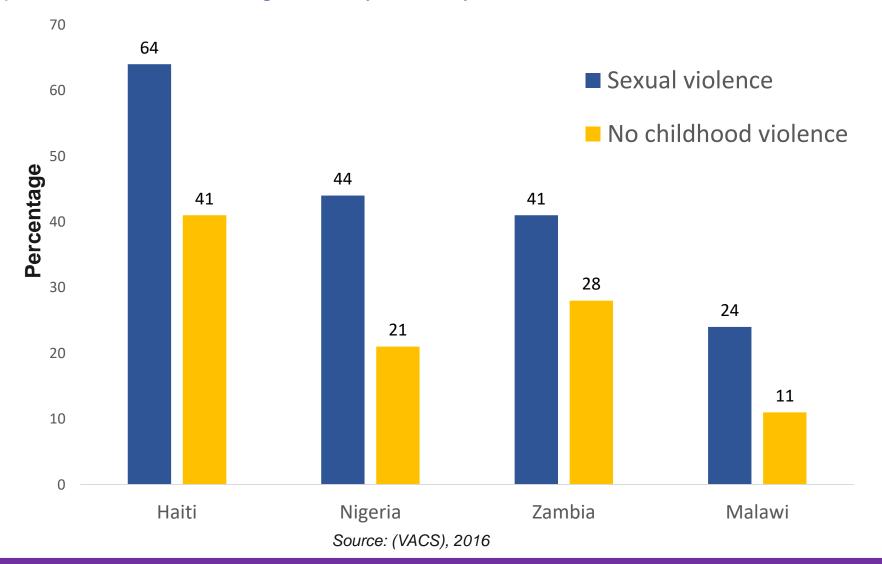




## Percentage of 13-24 Year Old Female Respondents Who Reported First Sex as Forced/Coerced



### Childhood sexual violence associated with increases in young adult sexual risk behaviors: Infrequent condom use past 12 months among sexually active youth, VACS



## Early Results from PHIAS Age at first sex and HIV

6 countries

Pattern same in all countries

Those who have sexual debut <15 have higher rates of HIV than those who begin sex after 15

- Country Example Malawi\*
  - 9.2% HIV prevalence among those who first had sex <15
  - **3.8%** HIV prevalence among those who first had sex >15

\* Source: Population-based HIV Impact Assessments (PHIAs)

## Prevention Sexual Violence and Preventing HIV

### **A Developmental Approach**

### Preventing sexual violence and preventing HIV through avoiding sexual

<u>**risk**</u> – focus activities on preventing risk before it begins (preventing sexual violence and any form of coercive/forced/non-consensual sex in the community, preventing early sexual debut, supporting healthy choices, and helping communities and families to surround these youth with support and education – all these activities must be grounded in evidence-based prevention programming)

### Preventing sexual violence and preventing HIV through reducing sexual

<u>**risk</u>**— focus activities on helping youth reduce risk (e.g., reduce # of partners, use condoms, PrEP, post violence care)</u>

### <u>9-14</u>

Main focus of activities is on avoiding risk

### <u>15-19</u>

Focus of activities is a combination of avoiding risk and reducing risk

### <u>20-24</u>

Main focus of activities is on reducing risk

## Prevention for 9-14 year olds Countries & Platforms

### **Countries required to implement**

- 15 DREAMS countries
- Other high-burden countries

### Platforms

- DREAMS programming (Determined, Resilient, Empowered, AIDS-free, Mentored, Safe)
  - OUs with DREAMS funding must ensure that programs to help youth avoid sexual risk are part of the package for 9-14 year olds

### OVC programming (Orphans and Vulnerable Children)

- OUs in other high burden countries must also consider implementing these programs for boys and girls 9-14 years of age
- OVC platforms must be leveraged for this purpose for programming



# Thank You!





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## **DREAMS** Geographic Expansion

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**AIDS-Free** 

Country	Original SNUs (COP15-16)	COP17 Expansion	COP18 Expansion
Kenya	Homa Bay, Kisumu, Nairobi, Siaya	Migori, Mombasa, Kiambu	
Lesotho	Berea, Maseru	Increase coverage within current SNUs	
Malawi	Machinga, Zomba	Blantyre	
Mozambique	Chokwe, Cidade de Beira, Cidade de Quelimane, Cidade de XaiXai, Distrito de Xai- Xai	Nicoadala	Namaacha, Matutuine
South Africa	City of Johannesburg, Ekurhuleni, eThekwini, uMgungundlovu, uMkhanyakude SD	Increase coverage within current SNUs She Conquers National Campaign	

**Empowered** 

Resilient



## **DREAMS** Geographic Expansion

Country	Original SNUs (COP15-16)	COP17 Expansion	COP18 Expansion
Swaziland	20 SNUs	Increase coverage within current SNUs	
Tanzania	Kahama TC, Kyela DC, Mbeya City Council, Msalala DC, Shinyanga MC, Temeke MC, Usehtu DC	Increase coverage within current SNUs	Dropping Temeke MC Adding Kagera-Muleba & Shinyanga-Shinyanga DC
Uganda	Bukomansimbi, Gomba, Gulu, Lira, Mityana, Mubende, Mukono, Oyam, Rakai, Ssembabule	Lwengo, Lyantonde, Agago	Luwero, Apac
Zambia	Lusaka (11 sites) Ndola (5 sites) Chingola (4 sites)	Kitwe, Kabwe, Kapiri Mposhi, Chipata, Livingstone	
Zimbabwe	Bulawayo, Chipinge, Gweru, Makoni, Mazowe, Mutare	Increase coverage within current SNUs	

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# DREAMS-Like Countries added in COP17

Country	DREAMS-Like SNUs
Botswana	Gaborone, Kweneng East
Cote d'Ivoire	Abobo-Est, Cocody, Daloa, Man
Haiti	Cap Haitien, Dessalines, Saint Marc, Port-au-Prince
Namibia	Katima Mulilo, Windhoek, Tsumeb, Onandjokwe, Omuthiya
Rwanda	Gasabo, Kicukiro, Nyanza, Nyarugenge, Rwamagana

