# Are Family Planning Programs Effective?: The Effect of FP Programs and Education on Fertility in Indonesia

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## Disclaimer:

The views expressed here are the authors' and not necessarily those of the Federal Reserve Bank of Atlanta, or the Federal Reserve System.

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## Key questions:

- 1. Are FP Programs effective in reducing fertility?
- 2. Reducing fertility: education or FP programs?
- 3. Do FP Programs influence non-fertility outcomes?

For 1 and 2: Many results from numerous empirical studies:

- Small or no effects of FP programs on fertility
- Large and significant effect of education on fertility



Prior results support education as a driver of fertility reductions but weaken support for FP programs' impacts

However, these conclusions are questionable due to:

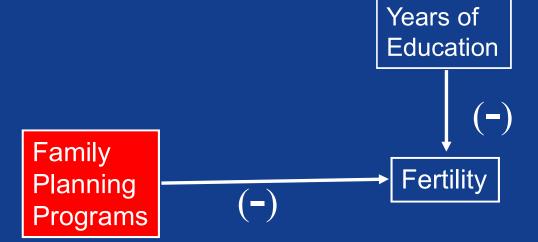
- I. Endogenous Selection into educational attainment
- II. FP Programs could increase education levels, so there could be Long-term indirect effects of FP



I) Selection into education: How does it affect the estimation of program effects? Example, Years of Education **Fertility** 

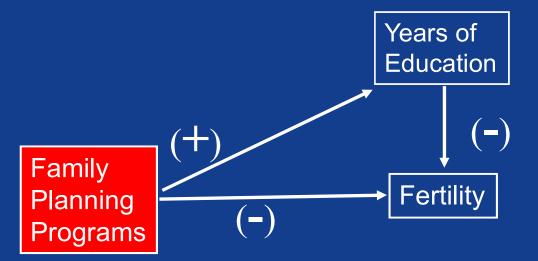






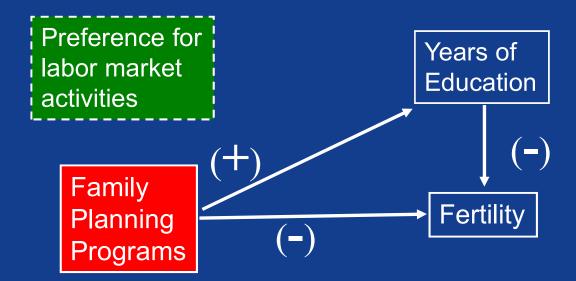


Example,



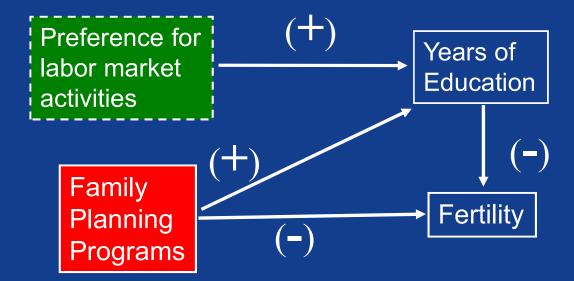


#### Example,



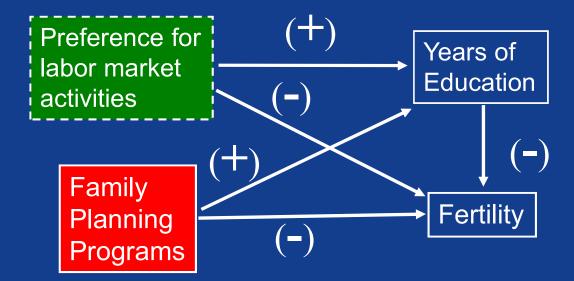


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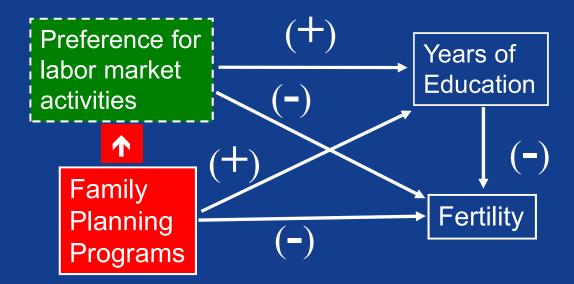
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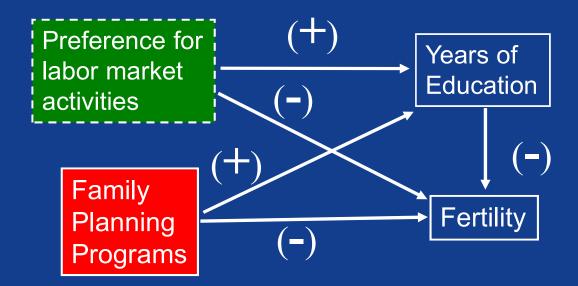


Is there an Indirect Effect of FP through families beginning to recognize that there are <u>achievable</u> alternatives to having children for young women?

If so, there could be important long term impacts of FP programs. Return to this issue in a few slides.



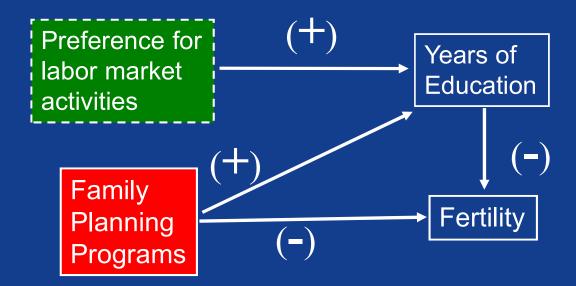
Example,



Survey data: Preferences not observed



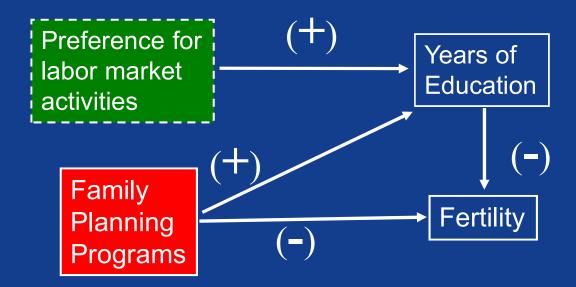
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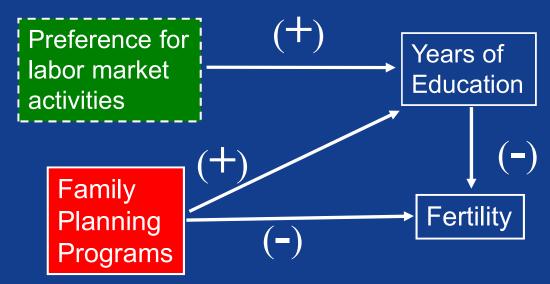
Simple analysis: Lower Fertility attributed to Education

when it is actually due to Education and Preferences





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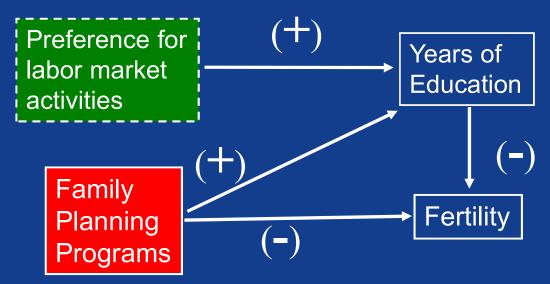
**Consequences**: Education effect becomes overestimated

Problem widely acknowledged, but data limitations often prevent corrective actions





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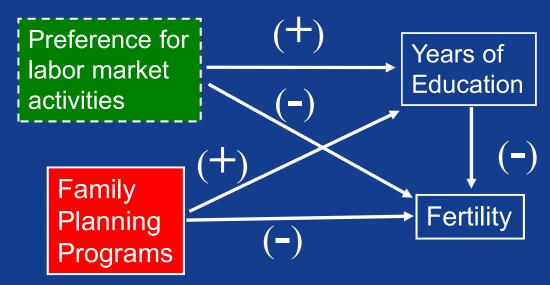
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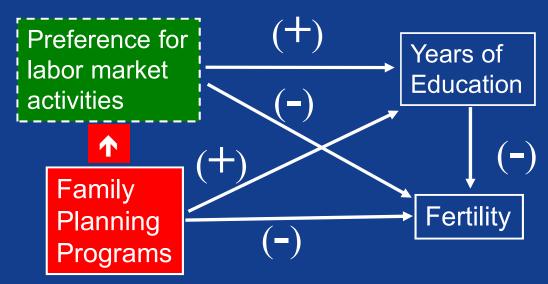
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#### II) FP Programs could Increase Women's Education

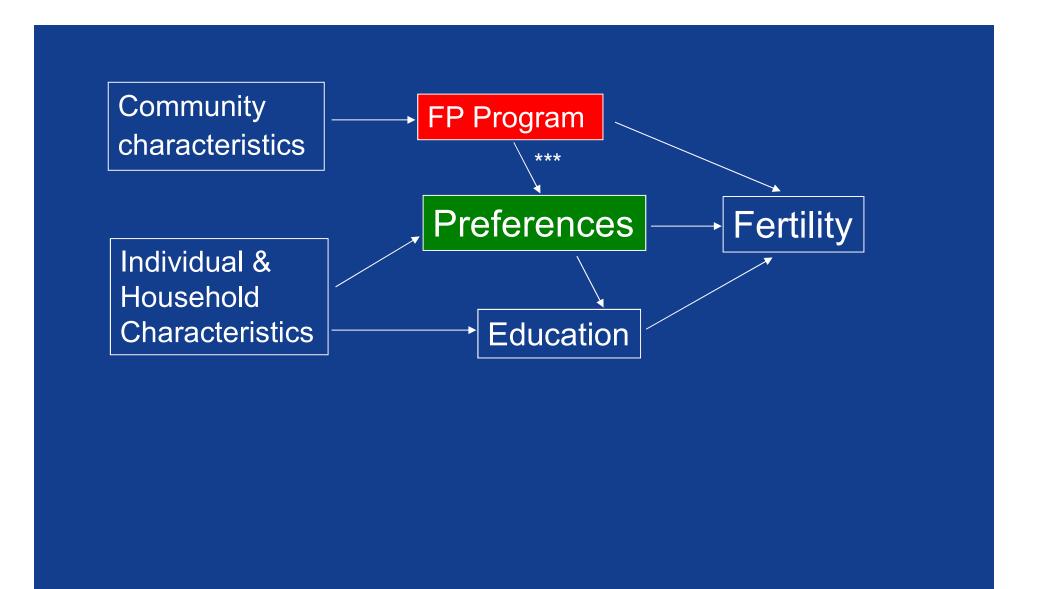
Finding: Exposure to FP programs before the start of reproductive age (7) increases educational attainment, delays marriage, and reduces fertility.

But, why?

Contraceptive knowledge provided by <u>FP programs can change women's plans</u>: Instead of "defaulting" to a young age at marriage and having many kids quickly, contraception gives a woman the opportunity to reap the potential benefits of increased education and labor force participation.

→ FP programs might have a long-term effect through education and expanded horizons.







- Purpose of our study: To examine the direct effect of FP programs on fertility plus the indirect effects through education, controlling for potential selectivity of schooling
- Method: Structural model of fertility, woman's education, age at marriage, and husband's education
- Data: 1993 Indonesia Family Life Survey
   5,025 women age 13-51 in 321 clusters
  - \*\* Fertility, schooling, marriage, and place of residence histories
  - \*\* Regional and sub-regional measures of school quality over time
  - \*\* Linked community & health facility survey:

    FP Program history: Year FP first offered by different providers



## Indonesia

- 190 million people (1993)

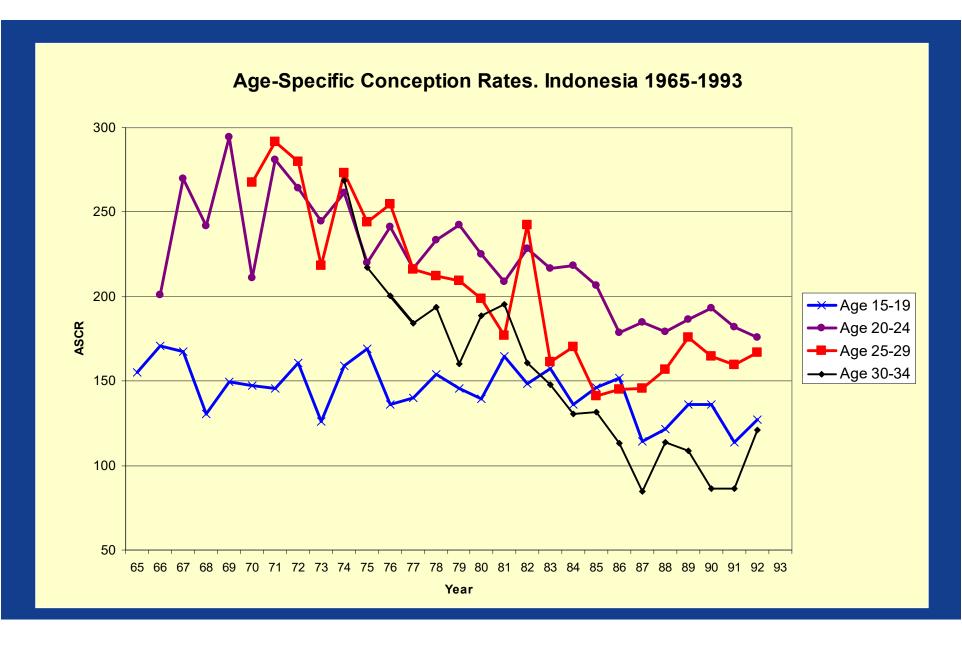
- Major changes in fertility:

1971 1994 TFR 5.6 2.8

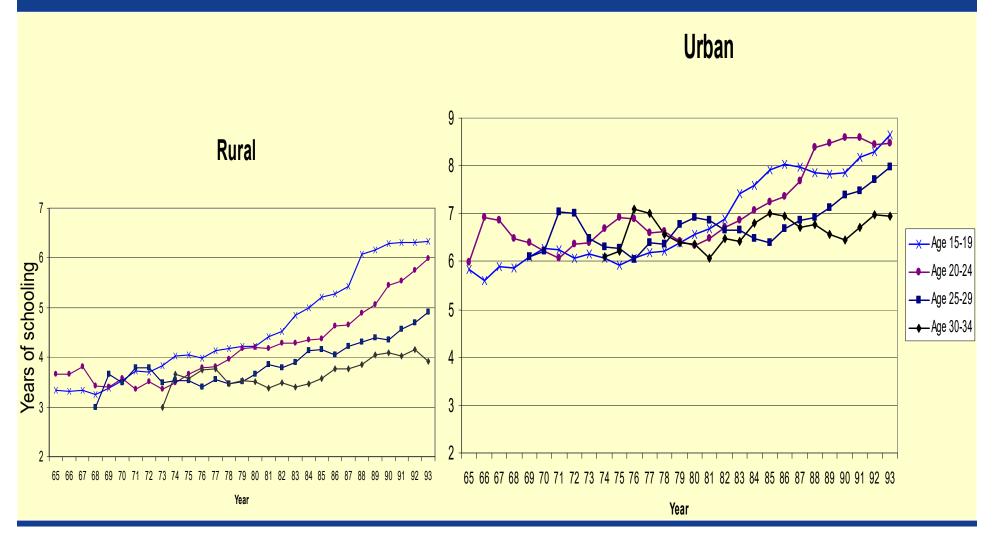
- Family Planning Program: Started in 1970; implemented in 5-year phases

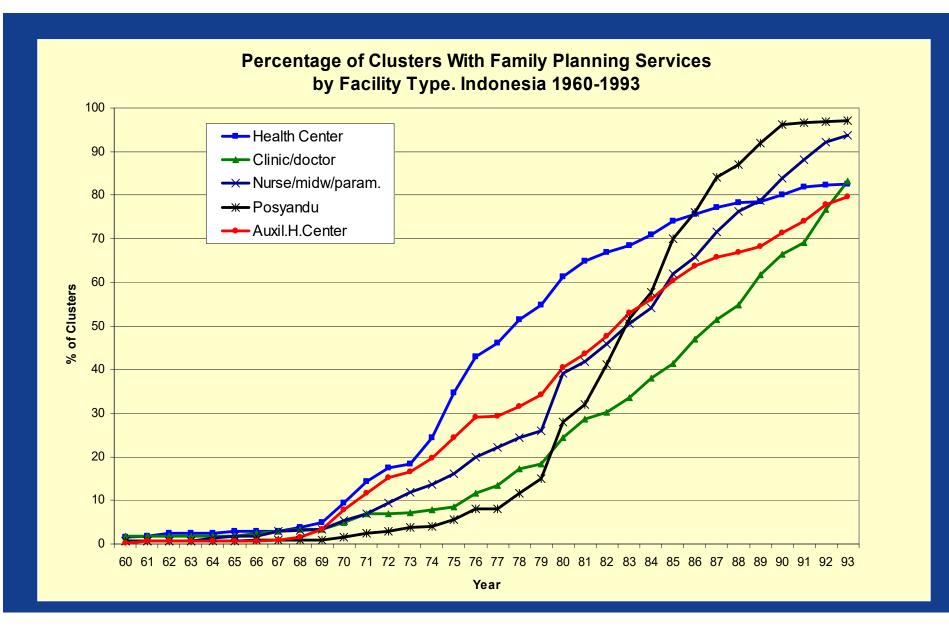






## Average Years of Schooling. Women. Indonesia, 1963-1993





(Lifetime simulations)

I. Controlling for endogenous/selective education:

	Number of	Years of	Age at
	<u>Children</u>	<u>Education</u>	<u>Marriage</u>
No FP program	4.9	4.6	20.0
With FP program	4.0	5.5	20.9
FP Program Effect	- 0.9	+ 0.9	+ 0.9

Simulations evaluated at 1970 govt. health expenditures and 1993 class sizes. Models control for age, migration, place of residency, marital status, husband's education, year effects, FPP at age 7, regional GDP, Govt. expenditures in FP, edu, health





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#### II. Without controlling for selective/endogenous education:

**FP Program Effect** 



+ 1.2

+0.6





### But, how do FP programs compare to education programs?

Education program: Reduction of student-teacher ratio (class size) from 17 ("poor" school) to 12 ("good" school)

Total effects (controlling for selective/endogenous education):

	Number of <u>Children</u>	Years of <u>Education</u>	Age at <u>Marriage</u>
Effect of "good" schools			
versus "poor" schools*	+ 0.01	+ 0.3	+ 0.07



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Education program: Reduction of student-teacher ratio (class size) from 17 ("poor" school) to 12 ("good" school)

Total effects (controlling for selective/endogenous education):

	Number of <u>Children</u>	Years of Education	Age at <u>Marriage</u>
Effect of "good" schools versus "poor" schools*	+ 0.01	+ 0.3	+ 0.07
Complete FP programs versus no FP	- 0.9	+ 0.9	+ 0.9

In a sense, FP Programs are more effective than education programs



- Effect of FP programs on fertility can be severely underestimated when selective/endogenous schooling is not addressed.
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- FP programs influence women's schooling (increase it) and marriage (delay it), so they have lasting effects on women's lives.
- The availability of FP programs when a woman is young is a crucial determinant of many outcomes later in the life cycle.
- In Indonesia during the latter half of the 20<sup>th</sup> century, improved FP programs appear to have been necessary for the observed, substantively large changes in women's education, age at marriage, and fertility.

